

BAR SUNDAY LUNCH MENU

SERVED SUNDAY FROM 12:30^{PM} TILL 3:30^{PM}

SANDWICHES

Hegarty's Cheddar, Beef Tomato and Ballymaloe Relish Triple Decker € 9.50

On sourdough bread, shaved romaine lettuce and sweet potato hummus. Available as a vegan option with feta style vegan cheese (1 - Wheat, 6,7,9, 10,11,12)

Pulled Pork Bap infused with Mustard & Fennel € 9.50

Crunchy red cabbage slaw and creamy maple & tarragon dressing (1 - Wheat,3, 6,7, 10,11,12)

Turkey, Pastrami and Cheddar Cheese Club Sandwich € 8.95

On sourdough bread, iceberg lettuce and tomato, sweet pepper relish (1 - Wheat,3, 6,7,9,10,12)

Smoked Salmon and Wicklow Brie Sourdough Baguette € 10.50

With rocket, shaved cucumber and lemon herb pesto (1 - Wheat, 4, 6,7, 8 - Almond, 10,12)

Andarl Farm Triple Decker BLT € 9.50

Back bacon & maple ham, tomato and little gem. Roasted garlic and chive mayonnaise (1 - Wheat,3, 6,7, 10,12)

Piri Piri Chicken, Mozzarella and Pickled Ginger Wrap € 9.50

Charred little gem, sundried tomatoes and cumin coriander mayonnaise (1 - Wheat,3, 6,7, 10,12)

CREATE YOUR OWN SANDWICH

(1 - Wheat,3, 6,7, 10,12)

Choose up to 4 fillings from this choice:

Chicken, turkey, Andarl farm ham & bacon, tuna, cheddar cheese, tomato, onion, salad, egg or stuffing

Plain Sandwich € 7.50

Toasted Sandwich € 8.25

Add half a bowl of vegetable soup € 3.25 to any of the above sandwiches

All sandwiches are served with a side salad and stealth fries

SOUPS

Seafood Chowder

€ 7.50

Of fresh and smoked fish (1 - Wheat, 2,3, 6,7, 9, 10,12, 14)

Soup of the Day

€ 5.90

Please inquire with your server

(1 - Wheat,7, 9,12)

All our soups are served with our homemade brown soda bread

SALADS

Roasted Cauliflower, Chickpea and Feta Cheese Salad € 8.75

Cucumber, rocket and baby spinach, tahini lemon dressing. Available as a vegan option with feta style vegan cheese (6,7,10,11,12)

Hot Smoked Salmon € 9.75

Little gem, cucumber avocado and ciabatta wafers, dill yoghurt dressing (1 - Wheat, 4,6,7,10,12)

Moroccan Chicken and Carrot € 9.75

Whole wheat cous cous, smoked almonds, sourdough wafers. Orange & coriander dressing (1 - Wheat,6, 8 - Almond,10,12)

Prosciutto, Cantaloupe Melon and Pear €9.75

Baby mozzarella, rocket and toasted pine nuts, sultana vinaigrette (1 - Wheat,6,7, 8 -Pine nut, 10,12)

HOT DISHES

Pappardelle Pasta of Field Mushroom, Spinach and Smoked Almond € 13.75

Broccoli, lemon, and flat leaf parsley pesto. Add chicken to above at € 4.00 (1 - Wheat,3,6,7,8 - Almond,9,12)

Cauliflower "Mac and Cheese" € 13.50

Topped with sourdough crumbs and farmhouse cheese. Sweet potato fries, side salad and burnt cauliflower mayonnaise (1 - Wheat,6,7,10,12)

Baked Salmon in Garlic Caper Butter € 15.50

Almond seared green beans, chive mashed potato, tomato confit, dillisk cream (1 - Wheat,4,6,7,8 - Almond,12)

Butternut Squash and Lentil Korma Curry

€ 12.00

Basmati rice, naan bread and side salad. Vegan. Add chicken to above for € 4.00 (1 - Wheat,6,10,12)

THE FURLONG BAR'S "Irish Sunday Roast"

Please ask your server for today's selection of roasts available

Served with a duck fat roasted and creamed potatoes, stuffing and seasonal vegetables (1 - Wheat,6,7,9,12)

SIDE ORDERS € 3.25

Stealth Fries

Sweet Potato Fries

Side Salad

Mixed Vegetables

Creamed Potatoes

(1 - Wheat,6,7)

All our beef, chicken and pork is of Irish origin unless stated otherwise.

DESSERTS € 6.95

Sticky Date and Walnut Pudding

Caramelised walnuts, vanilla ice cream, salted caramel sauce (1 - Wheat,3,7,8-Walnut)

Vanilla Pavlova with Vanilla Bean Whip

Berry compote, lemon & basil curd, vanilla ice cream (3,7)

Flourless Dark Chocolate Cake

Mascarpone whipped cream, salted caramel ice cream. Chocolate caramel fudge sauce (3,7,8-Almond)

Spiced Walnut Cake with Coconut Glaze

Caramelised pineapple, walnut crumble, coconut cream (8 - Walnut)

Raspberry White Chocolate Cheesecake

White chocolate shavings, raspberry sorbet, raspberry compote (1 - Wheat,3,7)

Fresh Fruit Salad in a light Sugar Syrup

With whipped cream, natural yoghurt or ice - cream (7)



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